

# Formulation and Characterization of Floating Gelucire Matrices of Metoprolol Succinate

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## ABSTRACT

The aim of the current investigation was to formulate floating sustained-release matrices of metoprolol succinate using Gelucire 43/01 and Gelucire 44/14 by a melt-solidification technique. The in vitro and in vivo characteristics of the prepared matrices were evaluated. The in vitro drug release studies performed in 0.1 N HCl revealed a proportional increase in drug release pattern with increased concentration of Gelucire 44/14.

Drug release data were analyzed by various mathematical models, and the mean dissolution time, Dissolution Efficiency, and similarity factor ( $f_2$ ) were determined in optimizing formulations. Differential scanning calorimetry and Fourier transform infrared spectroscopy showed no chemical interaction between drug and carriers studied. The in vitro floating characteristics of Gelucire matrices were greater than 12 h with good in vivo gastric retention. The results indicate that Gelucire 43/01 is an appropriate carrier for the development of sustained-release floating drug delivery systems and Gelucire 44/14, a highly hydrophilic and lipophilic balance (HLB) excipient, acts as release enhancer in the formulations studied.

## INTRODUCTION

Numerous oral delivery systems have been developed to act as drug reservoirs from which the active substance can be released over a defined period of time at a predetermined and controlled rate (1). A unique problem with conventional sustained-release formulations is the inability to increase their retention time in the stomach and proximal portions of small intestine. Floating drug delivery systems prolong the retention time of a dosage form in the stomach and are useful for absorption window drugs, thereby improving the oral bioavailability of the drug (2–5).

Metoprolol succinate (MS) is a selective, beta-adrenergic receptor blocker that is used in the treatment of hypertension and angina. It has a half-life of 3–7 h (6) and is absorbed from the gastrointestinal tract (7). Metoprolol absorption in the duodenum and jejunum is directly proportional to dose availability (8).

Gelucires are mixtures of mono-, di-, and triglycerides with polyethylene glycol esters of fatty acids. They are inert, semisolid, waxy amphiphilic excipients that are widely used in controlled-release matrices (9) for improvement of the physicochemical properties of drug. Gelucires are characterized by a wide range of melting points, from about 33 °C to about 65 °C, and by a variety of hydrophilic and lipophilic balance (HLB) values of approximately 1–18 (10, 11). Gelucires with low HLB can be employed to decrease the dissolution rate of drugs, and

ones with high HLB for fast release (12, 13). The advantages of Gelucires over polymers in the design of controlled drug delivery systems include (1) low melt viscosity, obviating the need for solvents; (2) absence of toxic impurities; (3) potential for biocompatibility and biodegradability; and (4) prevention of gastric irritation by forming a coating around the drug (14, 15).

Gelucire 43/01 is a highly hydrophobic lipid with an HLB value of 1 and a melting point of 43 °C. The extreme hydrophobicity of Gelucire 43/01 provides release-retarding properties and floating behavior (16). Gelucire 44/14 is a semi-solid excipient with an HLB value of 14 and a melting point at 44 °C. The hydrophilic property of Gelucire 44/14 is useful in dissolution enhancement as well as in controlled-release formulations (17).

The main objective of the present investigation was to formulate floating sustained-release matrices using a melt-solidification method and to evaluate their in vitro and in vivo characteristics.

## MATERIALS AND METHODS

### Materials

Metoprolol succinate was a kind gift from Dr. Reddy's Laboratories (Hyderabad, India). Gelucire 43/01 (lot no. 4E4706–2) and Gelucire 44/14 (lot no. 102699) were generous gift samples from Gattefosse (St Priest, Cedex, France). Seloken XL tablets (lot no. SXHJ001, AstraZeneca, India) is an innovator reference product purchased from the local market. All other chemicals were of analytical grade.

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**Table 1. Composition of Metoprolol Succinate–Gelucire Matrices**

| Formulations | Metoprolol Succinate (mg) | Gelucire 43/01 (mg) | Gelucire 44/14 (mg) |
|--------------|---------------------------|---------------------|---------------------|
| F1           | 95                        | 95                  | -                   |
| F2           | 95                        | 190                 | -                   |
| F3           | 95                        | 285                 | -                   |
| F4           | 95                        | 142.5               | 47.5                |
| F5           | 95                        | 133                 | 57                  |
| F6           | 95                        | 114                 | 76                  |
| F7           | 95                        | 95                  | 95                  |
| F8           | 95                        | 213.75              | 71.25               |
| F9           | 95                        | 199.5               | 85.5                |
| F10          | 95                        | 171                 | 114                 |
| F11          | 95                        | 142.5               | 142.5               |

## Methods

### Preparation of Matrices

The desired amounts of the Gelucire in each formulation were melted at 60 °C in glass beakers. The calculated amount of metoprolol succinate (MS) was added to the molten vehicle with continuous stirring at 100 ±10 rpm. The homogenous mixture was then poured into an injector and volumetrically filled into size 0, hard gelatin capsules and allowed to solidify at 4 °C. The capsules were equilibrated to room temperature for 6 h before evaluation. The compositions of MS Gelucire matrices are shown in Table 1.

### Drug Content

The method used for drug content estimation is found in the literature (18). Gelucire matrices equivalent to the dose of MS were added to 100 mL of 0.1 N HCl, heated to 60 °C, and allowed to cool to room temperature. Upon cooling, the Gelucire solidified, and the drug in 0.1 N HCl was filtered through a 0.45-µm membrane filter. Filtrate samples were suitably diluted, and the drug content was estimated by UV spectrophotometry at 274 nm.

### In Vitro Floating Ability

The in vitro floating ability of the matrices was determined by using USP Apparatus 2 at 50 rpm in 900 mL of 0.1 N HCl maintained at 37 ± 0.5 °C. The matrices were placed in the medium, and the floating times were measured by visual observation (19).

### In Vitro Release Studies

The in vitro release studies of developed matrices and reference product were carried out in 900 mL of 0.1 N HCl

maintained at 37 ± 0.5 °C, 50 rpm using USP Apparatus 2. Samples were withdrawn at predetermined intervals and analyzed for drug content by UV spectrophotometry at 274 nm.

### Analysis of In Vitro Drug Release Data

The drug release data of formulations were fitted to different kinetic models (zero-order, first-order, Higuchi, and Korsmeyer–Peppas) to evaluate the kinetics of drug release from the matrices (20–24).

Dissolution efficiency (DE) (25) and the time to release 50% of drug ( $t_{50\%}$ ) were used to compare the results of dissolution tests of different formulations.

$$DE_g \% = \frac{\int_0^t y dt}{y_{100} t} \times 100 \quad [1]$$

DE is defined as the area under the dissolution curve up to time  $t$  expressed as a percentage of the rectangle described by 100% dissolution in the same time where  $y_t$  is the percentage of drug dissolved at any time  $t$ ,  $y_{100}$  denotes 100% dissolution, and the integral represents the area under dissolution curve between time zero and  $t$ . Time  $t$  in this study was 8 h.

Another dissolution parameter, mean dissolution time (MDT), which is a measure of the rate of the dissolution process, was calculated using eq 2

$$MDT = \frac{\sum_{i=1}^{i=n} t_{mid} \times \Delta M}{\sum_{i=1}^{i=n} \Delta M} \quad [2]$$

where  $i$  is the dissolution sample number,  $n$  is the number of observations,  $t_{mid}$  is the midpoint time between  $i$  and  $i-1$ , and  $\Delta M$  is the additional amount of drug dissolved between  $i$  and  $i-1$  (26). As the MDT increases, the drug release rate decreases.

The mean in vitro drug release data was used to calculate the similarity factor ( $f_2$ ) as recommended by Moore and Flanner (27). The mean dissolution data of Seloken XL were taken as the reference profile. A value of  $f_2$  between 50 and 100 (28) indicates similarity between two profiles.

### Statistical Analysis

The calculated dissolution parameters (MDT,  $DE_g\%$ , and  $t_{50\%}$ ) of Gelucire formulations (F4–F11) were compared statistically with those of the reference product (Seloken XL). The data were tested by the Student's  $t$ -test using Instant Graphpad Prism Software and were considered statistically significant at  $p < 0.05$ .

### Differential Scanning Calorimetry (DSC)

Thermograms were recorded for MS, Gelucire 43/01, Gelucire 44/14, and the optimized formulation using a differential scanning calorimeter (Perkin-Elmer, Shelton, CT, USA). Accurately weighed (3.036 mg) samples were placed

on aluminum plates, sealed with aluminum lids, and heated at a constant rate of 5 °C/min over a temperature range of 0–400 °C.

#### Fourier Transform Infrared Spectroscopy (FTIR)

FTIR spectra of the MS, Gelucire 43/01, Gelucire 44/14, and optimized formulation were recorded using a Fourier transform infrared spectrophotometer (JASCO V5300 FT-IR, Tokyo Japan). Samples were prepared as KBr disks using a hydraulic pellet press and scanned from 4000 to 400  $\text{cm}^{-1}$ .

#### In Vivo Radiographic Studies

The in vivo floating ability of matrices was studied by radiography in three healthy human male volunteers aged 25–30 years and 55–65 kg body weight. Barium sulfate was uniformly mixed with the molten placebo formulations and solidified at 4 °C. The formulations were volumetrically filled into the capsules. The volunteers were asked to swallow these capsules with 200 mL of water in the morning. The position of the formulation was visualized by X-ray photographs at intervals of 0.5, 1, 2, 3, 4, and 6 h (29, 30). A local human ethical committee approved the study protocol.

## RESULTS AND DISCUSSION

The drug content of the Gelucire matrices was in the range of 97.9–102.2% (w/w) indicating good content uniformity of prepared matrices. The initial formulations prepared in ratios of 1:1, 1:2, and 1:3 drug–Gelucire 40/13 (F1–F3) exhibited excellent in vitro floating characteristics with zero lag time as reported (16). However the Gelucire matrices prepared in a 1:1 drug–Gelucire ratio did not showed the uniform blend of drug and Gelucire in the molten state. Therefore, drug–Gelucire 43/01 ratios of 1:2 and 1:3 were selected as the basic formulation ratios for further studies. The in vitro floating ability of formulations (F4–F11) with Gelucire 43/01 and various concentrations of Gelucire 44/14 affected the floating property of matrices. The matrices of Gelucire 44/14 alone showed nonfloating properties (data not shown). As the amount of Gelucire 44/14 increased beyond 30% in both ratios (1:2 and 1:3), the matrices did not showed the desired floating characteristics. This may be due to variations in the density of Gelucire 44/14 compared with Gelucire 43/01. However, matrices with Gelucire 44/14 at concentrations below 30% showed floating properties for 12 h with zero lag time.

The drug release studies revealed that matrices of Gelucire 43/01 alone showed high retardation of drug release in 0.1 N HCl. As the amount of Gelucire 43/01 in the formulations increased, the release rate decreased (Figure 1). The MS release from formulations F1, F2, and F3 was about 61.91%, 34.24%, and 24.30%, respectively, indicating a decrease in drug release with an increase in Gelucire 43/01 content.

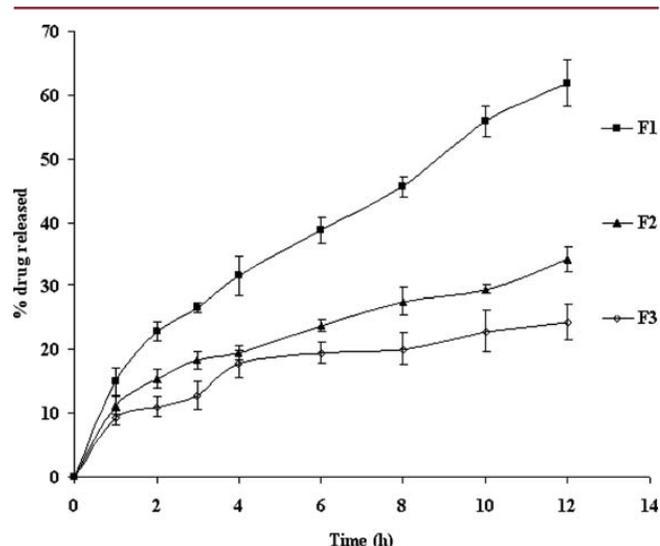


Figure 1. Release profiles of metoprolol succinate from the matrices showing the increasing effect of the Gelucire43/01 ratios. Data represent mean  $\pm$  SD,  $n = 3$ .

Figure 2 shows MS release from reference product and matrices of 1:2 and 1:3 drug–Gelucire 43/01 with various concentrations of Gelucire 44/14. It indicates that as the proportion of Gelucire 44/14 in the formulation increased, the release increased for both ratios studied. Slow drug release was observed for formulations having high amounts of Gelucire 43/01. This is due to the hydrophobic nature of Gelucire 43/01, which might have reduced the wetting of drug and thus the dissolution.

The dissolution kinetic parameters of the different formulations are presented in Table 2. It is evident from the results that the regression coefficient value

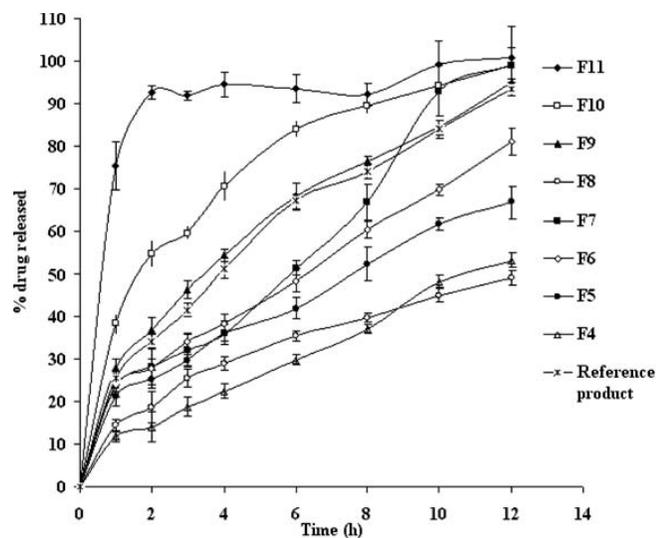


Figure 2. Release profiles of metoprolol succinate from the matrices showing the increasing effect of Gelucire44/14 with Gelucire43/01 and reference product. Data represent mean  $\pm$  SD,  $n = 3$ .

**Table 2. In Vitro Release Kinetics of Metoprolol Succinate–Gelucire Matrices**

| Formulations      | $k_0$ (mg h <sup>-1</sup> ) | $k_1$ (h <sup>-1</sup> ) | $k$ (mg h <sup>-1/2</sup> ) | $n$   |
|-------------------|-----------------------------|--------------------------|-----------------------------|-------|
| F4                | 4.157                       | 0.060                    | 15.43                       | 0.643 |
| F5                | 4.913                       | 0.085                    | 18.99                       | 0.487 |
| F6                | 5.890                       | 0.123                    | 22.47                       | 0.506 |
| F7                | 7.798                       | 0.328                    | 28.61                       | 0.596 |
| F8                | 3.596                       | 0.051                    | 14.17                       | 0.661 |
| F9                | 6.950                       | 0.219                    | 27.29                       | 0.503 |
| F10               | 6.796                       | 0.326                    | 28.26                       | 0.522 |
| F11               | 7.181                       | 0.368                    | 29.52                       | 0.656 |
| Reference product | 6.999                       | 0.203                    | 27.22                       | 0.487 |

$k_0$ : zero-order rate constant  
 $k_1$ : first-order constant  
 $k$ : Higuchi constant  
 $n$ : Peppas release exponent

of first-order plot was closer to unity for most of the formulations. Therefore it was ascertained that drug release from the formulations followed first-order kinetics. Further, the data fit to Higuchi and Krosmeier plots revealed a linear graph with regression value close to one indicating the release from matrix was through a diffusion mechanism. The high regression values ( $R^2$ ) of the Korsmeier-Peppas model with release exponent ( $n$  values) between 0.45 and 0.89 suggest that drug release from the

**Table 3. Comparison of Dissolution Parameters of Metoprolol Succinate–Gelucire Matrices and Reference Product**

| Formulations      | MDT <sup>a</sup> (h) | DE <sub>8</sub> % <sup>a</sup> | $t_{50\%}$ <sup>a</sup> (h) | $f_2$ |
|-------------------|----------------------|--------------------------------|-----------------------------|-------|
| F4                | 5.22 ± 0.16          | 21.75 ± 2.10                   | 10.50 ± 0.28                | 28.88 |
| F5                | 4.39 ± 0.14          | 33.30 ± 1.96                   | 7.55 ± 0.66                 | 39.84 |
| F6                | 4.12 ± 0.12          | 37.58 ± 1.86                   | 6.16 ± 0.44                 | 30.09 |
| F7                | 3.95 ± 0.15          | 38.41 ± 2.05                   | 5.95 ± 0.01                 | 53.63 |
| F8                | 5.09 ± 0.16          | 26.47 ± 2.09                   | 12.62 ± 0.19                | 30.09 |
| F9                | 4.20 ± 0.13          | 50.12 ± 1.72                   | 3.52 ± 0.20                 | 77.3  |
| F10               | 2.96 ± 0.14          | 64.57 ± 1.85                   | 1.89 ± 0.52                 | 34.82 |
| F11               | 1.36 ± 0.14          | 85.14 ± 2.15                   | 0.58 ± 0.04                 | 24.38 |
| Reference product | 4.27 ± 0.12          | 48.32 ± 1.64                   | 3.69 ± 0.15                 | -     |

<sup>a</sup>Mean ± S.D. (n=3)  
 DE: dissolution efficiency  
 MDT: mean dissolution time  
 $T_{50\%}$ : time required for release 50% of drug  
 $f_2$ : similarity factor

matrices followed an anomalous non-Fickian diffusion mechanism.

Drug release profiles of formulations were compared with those of the reference product (Seloken XL) to optimize the best formulation using the similarity factor ( $f_2$ ). The formulation showing an  $f_2$  value nearest to 100 ranked as the best formulation. The results in Table 3 show that the  $f_2$  values for formulations F7 and F9 are greater than 50. However, formulation F9 exhibited the highest  $f_2$  value among all the formulations (77.3) and is thus considered the best formulation.

Additional dissolution parameters such as MDT, DE<sub>8</sub>%, and  $t_{50\%}$  for the reference product were 4.27 h, 48.32%, and 3.69 h, respectively. Of all formulations, F9 exhibited similar dissolution parameters to the reference product and was statistically insignificant ( $p > 0.05$ ) in comparison with the reference product, hence batch F9 was considered as the optimized formulation. In 1:2 and 1:3 drug–Gelucire 43/01 formulations, as the proportion of Gelucire 44/14 increased, the release rate increased with a reduction in MDT and  $t_{50\%}$ .

DSC thermograms of pure drug, Gelucire 43/01, Gelucire 44/14, and the optimized formulation (F9) are presented in Figure 3. An endothermic peak corresponding to the melting point of pure drug was prominent in the optimized formulation with respect to Gelucire 43/01 and Gelucire 44/14 peaks, which clearly suggests that the drug was present in an unchanged form.

To get evidence of possible chemical interaction of drug with the Gelucires, FTIR analysis was used (31, 32). Figure 4 shows the IR spectra of MS, Gelucire 43/01, Gelucire 44/14, and the F9 formulation. Pure drug shows a characteristic peak at 1384 cm<sup>-1</sup> that is due to C–H deformation of the gem dimethyl group, and the peak at 1242 cm<sup>-1</sup> is indicative of C–O stretching in a secondary alcohol. Gelucire 43/01 and Gelucire 44/14 show important bands at 1741 and 1735 cm<sup>-1</sup>, respectively,

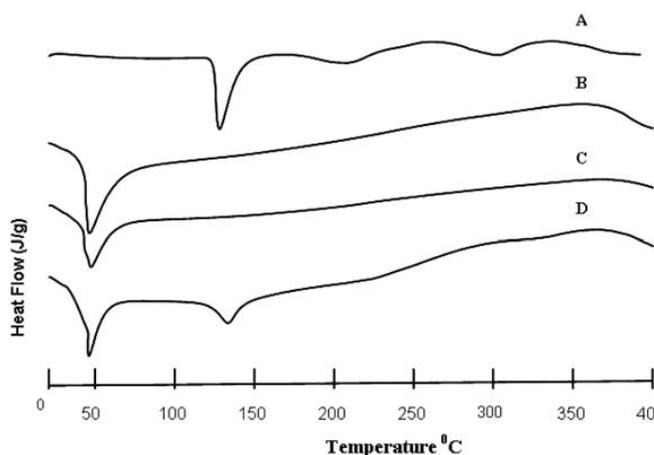


Figure 3. DSC thermograms of (A) metoprolol succinate, (B) Gelucire 43/01, (C) Gelucire 44/14, and (D) optimized formulation (F9).

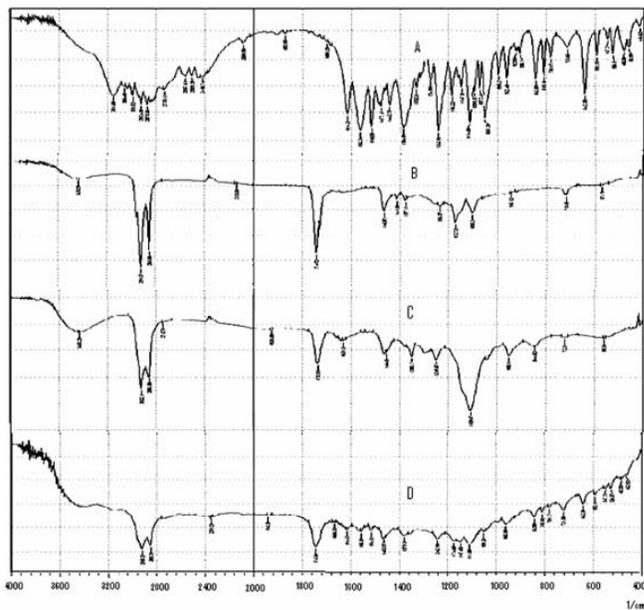


Figure 4. FTIR of (A) metoprolol succinate, (B) Gelucire 43/01, (C) Gelucire 44/14, and (D) optimized formulation (F9).

which are indicative of C=O stretching of the ester group. Peaks at 1172 and 1100  $\text{cm}^{-1}$  can be assigned to the C–O stretch of alcohols (primary or secondary). The FTIR spectrum of the optimized formulation displays the characteristic peaks of both drug and Gelucires. Overall, there was no alteration in the characteristic peaks of drug and Gelucires suggesting that there was no interaction between the drug and Gelucire.

In vivo radiographic studies of floating matrices show that the formulation remains in the stomach for about 6 h (Figure 5). This might be due to higher lipid content of the

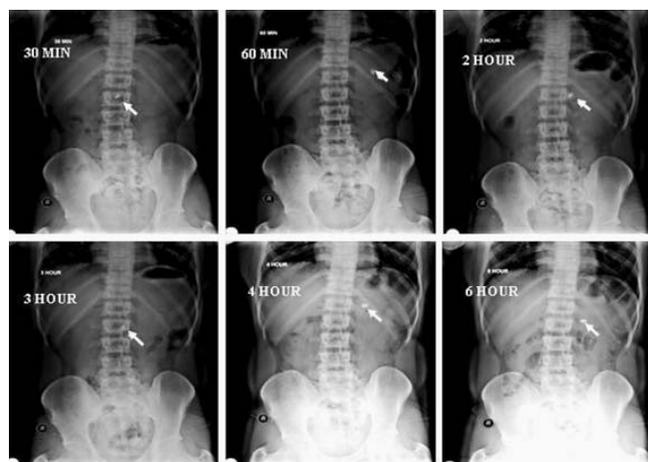


Figure 5. Intra-gastric behavior of the  $\text{BaSO}_4$ -loaded floating Gelucire matrices represented by typical radiographic images after definite time intervals.

formulation along with buoyant characteristics of the Gelucires. However, the position of the matrices within the stomach changed with time.

## CONCLUSION

Gelucire 43/01 may be an appropriate carrier for sustained-release floating drug delivery systems because of its extreme hydrophobicity and low density. Gelucire 44/14, a high HLB excipient, acted as a dissolution enhancer in the formulations studied. Developed formulations showed good compatibility between drug and Gelucires and excellent in vitro and in vivo gastric retention indicating successful development of a sustained-release floating drug delivery system.

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